

Rules & Release forms for Relay VB Tournament

1. We will only be using the gyms, commons, and restrooms at the front entrance. Locker rooms, weight room, locker hallway, classrooms, and all other rooms in the building are off limits. No site seeing tours of the building. Violators will be removed and not allowed to participate.
2. The use of these gyms is a privilege, please keep all areas clean and treat it with respect. These games, although competitive, are for fun (cursing and poor sportsmanship cannot be tolerated). We appreciate your cooperation.
3. You must have gym shoes specifically for the gym. No street shoes are allowed on the gym floor. Please have shoes that have non-marking soles.
4. We are using IHSA volleyball rules, including:
 - Let (net) serves
 - Rotate on your first serve
 - You can set a serve
 - You cannot block a serve
 - A back row player cannot spike the ball in front of the 10 foot line (back row attack)
 - A team's first hit can be a double hit. If it is a double hit on a team's second or third hit, then it is a point for the opponent.
 - If your ball hits the ceiling and then goes over the net it is a point for the opponent.
 - Rally scoring will be to 21 points and you do not have to win by two points. You will play two games to 21.
 - Tie breaker games, when needed, will be rally scoring to 15 points and you do not have to win by two points.

Please send the signed form below for each player with your team registration and payment. (Bring signed forms for any alternates the day of the tournament.)

Medical Release/Injury Waiver

Player Name (please print) _____

Special medical condition or allergies we should be aware of _____

I hereby authorize Mrs. Tracy Diestelmeier, or her designee, to act for me according to her best judgment in any emergency requiring medical attention. I acknowledge that River Ridge CUSD #210 does not provide insurance coverage. I acknowledge that injuries to participants may occur during this tournament and I assume all risks for injuries or damages incurred in connection with the tournament.

Player's Signature (if 18 or older) _____ Date _____

Parent/Guardian's Signature (if under 18) _____ Date _____