

ATHLETICS

We refer you to the River Ridge School Board Athletic Policy (Appendix C) that applies to all athletes, cheerleaders, and managers. The same rules governing conduct apply for interscholastic athletics of all grades. Any time a student is participating in a school sponsored activity, he/she is representing River Ridge and is expected to behave appropriately. Inappropriate behavior will result in disciplinary action. A student must be in school by the start of the fourth period (10:17) in order to participate in an after school activity that evening. Unless previous arrangements have been made through the principal, students must attend a minimum of the last five class periods for eligibility to participate in extracurricular activities.

Students at the 7th and 8th grade levels have a number of different participatory sports from which to choose: Girls' Volleyball, Boys' Football, Boys' Basketball, and Girls' Basketball

Tryouts for cheerleaders for Middle School Boys' Basketball are held in the spring of the year. Any seventh or eighth grade girl may try out. The cheerleading sponsor, other faculty members, or other judges make team selections. The team is comprised of eight girls from the two grade levels. Cheerleader's participation at games is governed by the same athletic policy and academic policy as students out for sports at any grade level.

ACADEMIC ELIGIBILITY

You will not be eligible to participate in any extra-curricular activities when you have received an F in any subject for two consecutive weeks as listed on the D/F list, or if you have accumulated two or more F's in the same week. You will remain ineligible until you have corrected the necessary deficiencies and written verification from your teacher(s) is submitted to the Athletic Director. In accordance with the IHSA, students are required to maintain a 1.80 grade point average per semester to be eligible for extra-curricular activities the following semester.

EXTRACURRICULAR ACTIVITIES

School Play	Academic Bowl
Student Council	Yearbook
Baseball	Softball
Boys Basketball	Girls Basketball
Girls Volleyball	Boys Football
Cheerleading	Girls Soccer
Track	Speech
Group Interpretation	

PARTICIPATION RULES

It is the intent and interpretation that a participant in extra-curricular activities is an individual who is currently active in or has the intent of participating in any of the extra-curricular activities listed in the following policy. It is also the intent and interpretation that said student is an individual dedicated to the physical, mental, ethical, and moral improvement of that individual and the activity(s) in which he/she participates throughout the entire calendar year. Students who choose to participate in interscholastic athletics and extra-curricular activities also choose to take on certain responsibilities above those of non-participants. This policy applies to all athletes, cheerleaders, color guard members, pompon squad members, team managers, and participants in any other extra-curricular activity promoted by the school. These responsibilities are hereby given and accepted by those who choose to participate in any extra-curricular activity at River Ridge CUSD #210:

It is understood that:

- Any illegal acts resulting in a misdemeanor,
- Drinking any alcoholic beverages,
- Use of tobacco in any form,
- Use of illegal drugs,
- Possession of any of the aforementioned items,
- Any information received by the school district from the local law enforcement agencies

from an agreement entered into by the school district and the communities of Elizabeth and Hanover that result in discipline from said enforcement agencies.

Students and parents must sign the rules for each activity to show acknowledgement that they have read the participation rules and agree to them.

These actions will not be tolerated and are considered a breach of eligibility. Suspensions shall be calculated on the number of regular season games/performances in each activity.

The first violation will result in the student being immediately suspended for the next twenty-five percent (25%) of the consecutive game/performance dates. If the penalty cannot be served in the current season it will be concluded in the next season. (The suspension period includes tournaments, play-off games, and state contests.) Practice will continue throughout the suspension and will be required to maintain organization membership. The second violation of any of these rules may result in disciplinary action ranging from an immediate twenty-five (25%) game/date suspension to an immediate 365-day suspension from any interscholastic/extra-curricular activity. Any violation of any of these rules after the second offense may result in 365 days of immediate suspension to a complete removal of the individual from extra-curricular activities for the remainder of his/her high school career. The final decision rests with the school administration.

You must be present by the beginning of the fourth period class (10:17) to participate in extracurricular activities/practice unless previous arrangements have been made through the athletic director and the principal.

Attendance at practices is required. Students who want to participate in extra-curricular activities must realize that as team members, regular and consistent attendance is necessary to the success and development of the unit. Students who must miss a practice session must secure permission from the coach/moderator in advance whenever possible and must not indicate the reason for being absent through other players. Notes from parents and/or guardians may be required. Students who are excused from school will be excused from practice as well. Students with two or more unexcused absences from practice will be considered suspended from the team for the remainder of the season on the recommendation of the coach, moderator, or the athletic director. Students missing any portion of the day for an unapproved reason may not participate in any extra-curricular activity that same day or night.

Students participating in interscholastic athletics must have a physical examination on file and are required to have accident insurance. Athletic equipment is the property of the school and

students are responsible for equipment issued by the athletic department. No school owned athletic equipment may be worn at any time except during practices or games. The athletic director reserves the right to recommend suspension of any player from any team for misconduct and failure to follow the rules and regulations of the team and school.

All athletes will ride to and from road games on school transportation, under the supervision of their coach. Exceptions may be made to allow athletes to ride home with their parents or other student's parents. **All exceptions must be approved in advance with the coach or principal.** Written permission will be required from the parent or guardian if the athlete is to ride home with his/her parent or guardian.

PHYSICAL/WAIVER POLICY

The Board of Education requires that a "Waiver of Liability and Acknowledgement of Warning" be on file for each student who participates in a River Ridge Interscholastic sport. In addition, each student participating in a River Ridge Interscholastic Sport must present proof of appropriate health insurance coverage prior to the start of practice. The waiver shall be dated and signed by the student and a parent or guardian. A new waiver and current proof of insurance must be on file for each sport in which the student participates, and must be submitted just prior to the start of practice sessions for the current season of play. A student who is not in compliance with this policy will not be permitted to practice or participate in the sport.

Sport physical examinations are required every year for students involved in interscholastic sports.